

Supply List- *Captivating Cone Flower* - Workshop by Wendy Butler Berns

Finished quilt size approximately 25" x 29" with border

- *Captivating Coneflower* Pattern - \$10 (Wendy's pattern available in class)
- 2 to 3 washable/ permanent glue sticks – white glue, Ross, Avery or Scotch brands recommended
- Freezer Paper – 2 sheets 15" to 18" x 28"
- Black extra fine tip permanent marker, Sharpie or Micron
- Paper and fabric scissors
- Masking tape
- 1 yard Décor Bond by Pellon Fusible Stabilizer, 42" wide, product code #809 (Wendy will have some for purchase if you have trouble finding it)
- Iron/Ironing pad (one for every 2-3 students)
- A few Ziploc bags for storing pattern pieces and a few paper clips

Sewing supplies:

- ** Assembling the "Captivating Coneflower " appliqué will take most of the morning and into the afternoon, if you are really speedy, you will be ready to use your machine in the afternoon, other wise you may not need to bring it. You decide.
- Sewing machine in good working order--optional
- Basic sewing supplies for piecing
- Gray cotton thread or monofilament thread for bobbin
- Monofilament thread in clear and smoke for invisible machine appliqué
- Darning foot for free motion machine appliqué

In the afternoon - Optional design session :

- Bring a cherished photo of your own.
- Bring 8 x 10 color copied enlargement of the cherished photo
- Several sheets of tracing paper and white copy paper
- Several sharp pencils

Fabric Choices:

- I use 3 to 4 fabrics where another quilter will use one. More fabric gives you more options. Consider a combination of large scale prints, hand dyed look, mottled look, geometric, organic look, prints with interesting texture. Ideally, pre-wash all fabrics to remove sizing, but this is not always possible to do.

- **Background Sky:** 3 to 4 fat quarters of light value. Hand dyed look, tone on tone, mottled look. Background should contrast with the fabrics for the flower
- **Background Ground:** large scraps (approx. 8") or fat quarters of 3 to 4 greens in medium dark/dark values
- **Flower:** You can create whatever flower color you wish-blue, pink, purple, red, yellow
- Flower Petals: 3 to 5 different fabrics of similar value. Large scraps (approx. 6")
- Flower Center: Darker fabric. 4" scrap is all that is needed
- Stem/leaf: fat quarter dark value green to contrast with background
- **Dragonfly:** 3 to 4 scraps in turquoise/blues, (Irrespective look can be created with threads.) Make sure the fabrics contrast with the sky, 1/4 yard of fusible web-Wonder Under by Pellon

Finishing Quilt:

These items not needed for the day of the workshop

- Specialty threads, rayons, metallics, cottons and monofilament for machine quilting
- 24" x 27" of batting (Warm & Natural recommended)
- Same amount of backing fabric
- 1/2 yard for border. Choose once center is finished- consider a large scale print
- 1/4 yard for binding