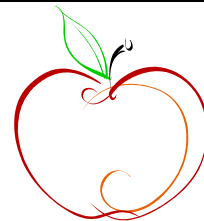


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# APPLESEEDS



APPLESEED QUILTERS GUILD  
PO BOX 10484 FORT WAYNE, INDIANA 46852-0484  
Visit our website at [www.appleseedquiltersguild.com](http://www.appleseedquiltersguild.com)  
Email us at [appleseedquilters@yahoo.com](mailto:appleseedquilters@yahoo.com)

OCTOBER 2010  
VOLUME 18:5

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## OCTOBER MEETING

Tuesday, October 5th

Happy Hour 6:30pm; Meeting 7pm

Classic Cafe Event Center

4832 Hillegas Road

Program: Karen Kay Buckley "To Border or Not to Border".

## MARY ANN'S MORNING MUSINGS

It's very exciting every month when the Membership Committee introduces new members. Our Guild is growing by leaps and bounds and I want to speak especially to the new members for a moment. As you know I've been looking for a person to be Publicity Chairperson. I decided to ask Deb Stachowicz, who has been a member for a few months, and she said "Oh I thought I was too new to be on the Board. I thought you would want someone who has been a member for a longer time". I assured her that being new is a good thing and I'm very pleased to say she accepted the position. You new members have fresh and new ideas and we welcome you. We would get so stale without you. Please do volunteer or say yes when asked to do a job. The 2012 Quilt Show Chairs are already looking for people to take positions on the Quilt Show Committee. If you're a member, you're not too new!

I just wanted to mention how pleasant it has been to be musing out in the early evening these last few days. After a hot summer, I think we're all very thankful for these cooler beautiful days and the breath-taking sunsets. Take time to muse.

Mary Ann Skinner, President



## SUNSHINE AND SHADOWS

Michele Williams' brother-in-law passed on this month. She and her husband have moved his father to Fort Wayne and feel blessed that he has chosen to be a part of their household. He is receiving home hospice care. You might want to keep her and her family in your thoughts and wish them well.



October is National Breast Cancer Awareness month. Did you know there is more than one form of breast cancer? Inflammatory breast cancer is very aggressive and can't be detected by a mammogram or self exam. You can hear more about it in this video:

[http://www.youtube.com/watch?v=3s9\\_UrVtc6c](http://www.youtube.com/watch?v=3s9_UrVtc6c)

You can read more about it here:

<http://www.ibcresearch.org/>

If you have information for Sunshine and Shadows please report it to Cathie Phillips or Anne Tinkel.

## PROGRAM NOTES

October 5 - Karen Kay Buckley will be our featured speaker and teacher. Karen is a nationally known speaker, teacher, designer and writer. She will be teaching on both October 5 and 6. If you're interested in the ½ day class with her on October 5 from 1-4 PM, please be in touch with Jan Johnson. There may still be a few openings available. Tuesday's class is "Drafting Appliqué Patterns" and the cost is \$25 plus \$8 kit fee. Wednesday's October 6 class is machine appliqué, "Kansas Rose", and the class is full. Karen Kay's meeting lecture will be "To Border or Not to Border". I think we've all had that question in our minds. It will be great to see how she solves the dilemma.

November 2 - Lynn Diamente will present a lecture titled "The Properties of Color for Your Quilts". Lynn is a member of Whitley County Country Quilters and Orchard Art Gallery. She is a water color artist, teacher, and designer of quilt patterns. Our own Toni Kring won a ribbon with one of Lynn's patterns in our recent quilt show. Lynn's rich use of color will be wonderful to see. Don't miss this opportunity to learn more about color for your quilts. To see her artwork and learn more about her, the web site is [www.lyndiamente.com](http://www.lyndiamente.com).

December 7 will be a Christmas Party: a no-stress evening of celebration, with cookies, carols, and a show and tell of our many holiday quilts.

January 4, 2011 will be Garage Sale month. Tables will be available to rent for \$10.00 each. You may share a table with other Appleseed Guild members. The maximum number of tables will be 25. The garage sale will be our January "program" and "garages" will remain open for 45 minutes. Only members may rent tables and we encourage quilting related items. You will keep the money you receive from the sale of your items.

February 1, 2011 will be a program with Frieda Anderson, another nationally known speaker and teacher. If you want to get excited about Frieda, go to the internet and type in her name. We don't have the title of her lecture or workshops; however, she will be teaching two six hour classes, one each on January 31, and February 1. We'll have class titles and information at the November Guild meeting and will start sign ups for classes at that time.

## **OCTOBER EVENTS**

### **October 5th**

1 pm – 4 pm at Classic Cafe:

Karen Kay Buckley teaches “Drafting Applique Patterns”

6:30 pm at Classic Cafe:

Appleseed Quilters Guild Meeting

There will be a \$5 charge for guests at the door for the Karen Kay Buckley lecture at the Guild meeting.

### **October 6<sup>th</sup>**

9 am-4 pm at Classic Cafe

Karen Kay Buckley teaches:

“Kansas Rose”, machine appliqué

### **October 12th**

6:30 pm at Dupont Branch Library

AQG Board meeting

## **MEMBERSHIP NEWS**

The Appleseed Guild membership just keeps growing....growing....and growing some more! Paid memberships are now at 127 and the potential is there for more! Updated Membership Directories were handed out at the September 7th meeting. However, if you missed the meeting, we will continue to have the new directories available at future meetings. As was announced in the meeting, if you had a Verizon email address, we changed that to Frontier. As new members are added and any updates are made to the current contact information, we will publish those addendums to the directory.

We had seven new members at our September meeting: Virginia Smith, Sandra Araki, Ladonna Ousley, Jen Mason, Ginny Hoot, Nancy Hartzell and Kathy Mruk. Welcome to all!

Guests attending the meeting were: Lois Fegley, Chris Kinderman, Anne Garberich, Charlotte Zowadzke, Jan Davis, Pam Pranger, Pam Heffner and Jean Kruse. We hope that you will consider joining our wonderful guild. Eighty-three members attended the September meeting!

Door Prize Winners: Deloris Zonakis, Beth Gillies, Connie Lundy, Cathie Phillips, Carol Freeman, Julia Schulz, Margaret Pletcher, Mary Patterson, Melanie Schulze, Mary Hill, Pm Etheridge, Janet Ditton and Donna Sievers. Congratulations, ladies!

Sharon Edwards, Cindy Houser, Karen Wolfgram – your membership committee

## **LIBRARY**

Be sure to wear your name tag to the next meeting as we have a very nice booklet and patterns from Karen Kay Buckley to give away while she is with us in October! We're looking forward to a great program that evening.

We will be purchasing new carts to carry the books which will make the job a little more manageable. Thanks to all of you for your participation in the library. It is a great resource for us! Happy Fall!

Jody Gaerte and Cindi Fletcher

## **MONTHLY MINI**

The lovely, colorful mini with the sparkling crystals went to the home of Kay Kaufman. It was made and donated by Linda Mulpagano.

Next month each purchase will give you two chances to own a new piece of art! Karen Wolfgram has made a darling Halloween quilt. I can just see it on a porch for the big night, with a couple of jack-o-lanterns. Deb Stachowicz has donated a beautiful graphic art poster of an apple. The first guild member can choose, and a second member will take the other choice home. Thank you all for your participation. Remember, this mini showcases our work and helps to pay the rent. Besides, it is the best value in town.

Carol Freeman

## **APPLESEED PHILANTHROPY QUILTS**

We can always count on the generosity of our Guild members. The collections of personal items and blankets, sheets, etc. during the months of August and September were huge and filled the back of my van almost to the ceiling!

The lotions, shampoos and other personal items were divided as equally as possible and given to the Women's Shelter, Charis House and Hope Alive. These are all agencies that help women and their children when they are in need. All 3 agencies were so appreciative and wanted me to convey their heartfelt thanks to all our members.

Our collection of sheets, blankets, towels, etc. for the Animal Shelter was also huge and will go a long way in helping the animals in the shelter's care. They were amazed at the amount of items we gave them and also expressed their thanks to all who gave.

I would personally thank the members of our Guild for their caring and generosity. You make my job as Philanthropy Chair so easy. A huge hug and thank you to everyone!

Donna Sievers

And thank you, Donna, for helping us bring all this stuff together and delivering it.

## **SEPTEMBER MEETING MINI MINUTES**

President Mary Ann announced that Appleseed Guild is seventeen years old this year. Cupcakes and a beverage were provided by Classic Cafe. Brenda Linkhart distributed a Quilt Show survey to all in attendance asking for "feedback" regarding the quilt Show. Jennifer Ponko from Camp Watcha-Wanna-Do showed us pictures of the children who attended the camp.

Ann Williams and Bobbi Richards are working with the camp on ideas for the making of the Kids Quilts. Camp counselors said their colors are teal and purple and hot air balloons are a favorite of theirs because they host hot balloon rides during camp.

Beekeeper Cindy Loos reminded everyone about the Paradise Retreat in January at Farmstead Inn in Shipshewana, IN. Deposits should be made by November.

Janet Ditton reported that 300 quilts were displayed at the 2010 Appleseed Quilt Show and stated that she had received many positive comments regarding this year's show.

Nancy Gipson and her mother Lois Fegley presented a Bed Turning of Lois' quilts. Lois is renowned in the area and has won many awards. Her quilts were lovely and it should be mentioned that she hand quilts all of her quilts.

Show and Tell closed the meeting.

Linda Mulpagano - Recording Secretary

## **SEPTEMBER BOARD NOTES**

President Mary Ann Skinner called the meeting to order at 6:36 pm at the Aboite Library. Mary Ann announced that she had been notified by Nancy Gipson that the Decatur Guild is canceling their own meeting in October so that they may attend the Appleseed meeting featuring Karen Kay Buckley.

The Treasurer's report was approved. Kathy Doran suggested getting a receipt book(s) to record cash payments by Programs, Membership, etc.

Janet Ditton stated that some of the pages are out of order in the new directory. It was also mentioned that the by-laws had changed. The by-laws will be checked for differences and the Secretary will report on them.

Cindy Loos announced that she is cancelling "Sit and Sew" sessions on the day of the meeting because of lack of attendance. Cindy will notify us if any future session is scheduled. Cindy said that the January retreat in Shipshewana at Farmstead Inn is progressing. She has collected deposits from 28 women. Cindy is also working on arranging a New Member Tea.

Janet Ditton stated that it had been decided that we would have a garage sale for the January program. Freida Anderson will be our speaker in February and Vikki Zollar would like to give a presentation in April. Vikki is a past Appleseed member. Saturday workshops featuring Edyta Sitar and/or Sue Nickels are being planned.

Donna Sievers explained that we need to have a contact who will deliver the mittens and scarves that are made at Christmas time. Forest Park Elementary and Brentwood Schools were mentioned as recipients.

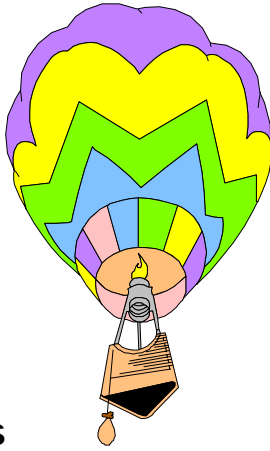
It was suggested that we could do a display of Kids Quilts at the Downtown Library in December-January. At least 15 to 20 will be needed.

For our library it was decided that we would purchase 2 carts which carry 220 pounds at \$40.00 per cart.

Janet Ditton stated there is no final quilt show report at this time. Janet explained that Susan Buschur is working on the DVD's from this year's quilt show.

Mary Ann announced that Deb Stachowicz has volunteered to do Publicity. The motion was approved for Deb to be the Publicity chairman and the meeting was adjourned.

Linda Mulpagano - Recording Secretary



## KIDS QUILTS

For everyone who wants to get a head start on their kids quilt - we have an opportunity to display fifteen to twenty kids quilts at the downtown library December through January. If you would like to have your quilt displayed, it must be turned in by the December meeting.

Bobbi Richards and Ann Williams

### LEO / Quilting

#### **New Years is coming.**

Have you completed this year's quilt resolution yet? Need help getting that quilt done?

Call or email Cathie Phillips of Leo Quilting

And make that resolution a reality.

Call 260-627-3545 or 260-760-8431 (cell).

Or you may email at [leoquilting@verizon.net](mailto:leoquilting@verizon.net)

10/10

### **WANT TO SELL SOMETHING?**

Put it in the Appleseed pages. You can advertise in this newsletter. The cost is:

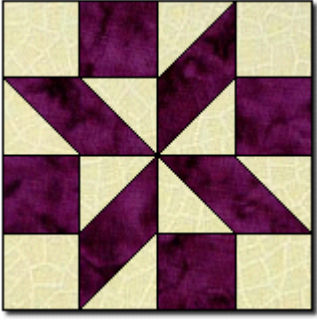
1/8 page – 2 1/4"x3 1/2" - \$10 month

1/4 page – 3 1/2"x4 3/4" - \$15 month

1/2 page – 4 3/4"x7 1/2" - \$20 month

Yearly fees also available. Contact Cathie Phillips or Anne Tinkel.

## BLOCK OF THE MONTH



The Block of the month squares were awarded to Karen Holdeman last month.

The October block "Shooting Star 2" can give you trouble - it did for me. Be sure that your measurements are correct for the pieced triangle - be sure that it measures 6 1/2 and you will be fine. Have you tried the 1st Challenge - "Turning Star" ? It is a challenge with so many small pieces - Donna Sievers would suggest that you use Thangles. There is a template page for this block also. Make it in the colors of the printout (red, blue, gold and white).

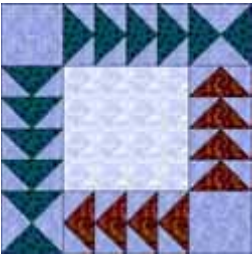
<http://www.quilterscache.com/S/ShootingStar2Block.html>

November is called "Housewife" and is 3 colors. We decided to make it in orange and green. For the 3 colors use either a solid and a print green and an orange, or a solid and a print orange and a green. This one could work well with Thangles also - you don't have to piece on the bias with them.

Enjoy!

Joan Olinghouse

## MYSTERY BLOCK



Clue: the birds are on each other's tails

Answer can be found in "Tips and Techniques."



- 10/3 Susan Bowman
- 10/6 Beth Gillies
- 10/7 Linda West
- 10/8 Roberta Richards
- 10/9 Connie Lundy
- 10/10 Sharon Edwards
- 10/11 Kathy Carrier
- 10/12 Darlene Hawkins
- 10/16 Gail Keuneke
- 10/18 Shirley Pratt
- 10/21 Diana Hull
- 10/21 Carol Malone
- 10/22 Nancy Gipson
- 10/25 Melanie Schulz

## **NEW PRODUCTS**

A new book for the holidays, "Tis the Season" by Jeanne Large and Shelley Wicks features "folk art" projects to warm the hearth and home this holiday season.

The new Deluxe Sidewinder Bobbin Winder from Simplicity isn't quite a new product; it's actually an improved version of the old Sidewinder. It has some nice features like variable speed and a thread cutter. You can now easily change how full you want the bobbin to wind before it automatically shuts off, allowing you to partially wind a bobbin for small projects. It can fill a variety of bobbin sizes all the way up to an "M", the size used on lots of longarm machines. It can also take all kinds of thread spools, including large cones.

## **TIPS and TECHNIQUES**

Do you get achy or stiff after sitting at your machine too long? If so, take periodic stretch breaks.

Pay attention to what is hurting you; maybe you need to add a lumbar pillow to help support your back. Maybe you need to raise or lower your chair and/or sewing surface.

For stiff knees, stretch your legs out in front of you and press your heels toward the floor, while flexing your toes up toward you. This really helps if you remember to do it just before you stand up since that's when knees are the stiffest. Also, walking and doing a few knee bends daily helps prevent knee stiffness. One of the best things for joints is lubrication, which happens when you move them.

Vary the motions you make with your wrists and hands to avoid tendonitis and carpal tunnel syndrome.

If you build tension in your shoulders, stand up and do some shoulder circles. Hold your arms out at shoulder level and make big figure 8's with them. Take in a large breath while your arm swings forward and up over the front of the figure 8, and do a large exhale while your arm swings back and around the back of the figure 8. While you've been sitting, hunched over the machine, your breathing gets shallow and your organs get compressed. Lift your rib cage and stretch your arms to the sky while you inhale. Lower your arms to your side into a big exhale. Repeat both of these breath movements a few times.

Stretch your fingers out and relax them. Let your fingers loosely flop while you shake your hands. Roll your hands in figure 8's.

Now that you have moved some oxygen and stretched some muscles, you can go back to being creative at your machine.

Got a favorite tip or new product news that you would like to share with the group? Contact Anne Tinkel or Cathie Phillips.

Mystery block answer: Wild Goose Chase

## **AWARDS**

Thank you to all who helped *A Quilt of Many Colors* exceed their goal of 200 pillowcases in the Pillowcase Challenge. With the help of Appleseed members, Sisters of the Cloth, and customers, we have over 300 pillowcases to distribute.

Sandi and Deb, *A Quilt of Many Colors*

## AREA QUILT SHOWS AND SHOP HOPS

### May 31<sup>st</sup> – Oct 1<sup>st</sup>

Quilt Garden Tour at Amish Acres  
Nappanee, IN

<http://www.amishcountry.org/QuiltGardens>

### September 30, October 1 – 2 (New listing)

Northern Indiana Shop Hop

More info at <http://www.ericas.com/events/>

### October 1-2

Harvest of Quilts in Bedford, IN

931 15th St., Bedford, IN.

Hours 9-6 Oct 1, and 9-5 Oct 2.

For more information, visit [quarryquilters.home.comcast.net](http://quarryquilters.home.comcast.net)

### October 1-3

Quilts on the Grand

Fri: 10-8, Sat: 9-5, Sun: 12-5.

DeltaPlex Arena, 2500 Turner NW,

Grand Rapids, MI.

\$8 entry good all weekend, free Parking

For more information, visit [www.wmqg.org](http://www.wmqg.org)

### October 1-3

Harvest of Quilts in Greenville, OH

Darke County Fairgrounds

800 Sweitzer St.

Call for information: (937) 692-6582

### October 8-9

RSVP Quilt show, Auburn IN

First United Methodist Church, 1203 East 7th St., Auburn, IN 46706

Fri. 9:00 am - 5:00 pm, Sat. 9:00 am - 4:00 pm

For information call: Shirley Johnson 260-925-0917

Admission is \$5.00 to benefit RSVP.

2010 Hoffman Challenge will be featured at this year's show. A Wearable Art Fashion Show will take place at 11:45 am each day. Classes will be offered each morning and afternoon.

### Oct 15 – 16

Grouseland Quilt and Fiber Arts Festival

Green Activities Center, Vincennes University

3 West Scott Street, Vincennes, IN

For information call: 812-890-1572

[http://www.grouselandfoundation.org/Grouseland/Festival\\_of\\_Quilts.html](http://www.grouselandfoundation.org/Grouseland/Festival_of_Quilts.html)

**October 15-23**

Shades of Fall Shop Hop

Fri 15<sup>th</sup> -9:00-7:00, Saturday 9:00-5:00

Monday-Friday 9:00-6:00

Free passports available Sept 1<sup>st</sup>

12 shops - A Quilt of Many Colors, Caroline's Cottage Cottons, Country Cupboard, Cozy Cabin, Creative Stitch, Edward's Sewing Center, Engine House, Heaven on Earth, Lowry's Sewing Center, Nancy's J's, Nancy's Stitches, Quilts N Gifts

**October 23-24**

Callithumpian Quilt Show

Riverside Center, 231 E. Monroe St.

Decatur, IN

Sat 9 - 5, Sun 12 - 4

Admission: \$2.00

Call: Suzy Wilder, (260) 724-3948

**October 29-30**

UFO Retreat at the Geneva Center in Rochester, Indiana

**Nov. 13 & 14**

Michigan City Senior Center, Washington Park, Michigan City

Sat 9 - 5, Sun 9 - 4

150 quilts, 5 minutes from the Lighthouse Mall and the Blue Chip Casino

Email: [dune\\_country\\_quilters@yahoo.com](mailto:dune_country_quilters@yahoo.com)

Admission: \$5.00

**March 18-19, 2011**

21<sup>st</sup> Gathering of Quilters

Juried show, \$10.00 for judging

Quilt entries close Nov 18, 2010

Patrician Banquet Center

410 E US Hwy 30

Schererville, IN 46375

For more information/entry forms/registration go to [www.southshorecva.com/quilt](http://www.southshorecva.com/quilt) or

[www.heritagequilters.com](http://www.heritagequilters.com) or email Karen Scott - [krscott50@comcast.net](mailto:krscott50@comcast.net)